

This newsletter and the Secondary Student Achievement Professional Learning and Development initiative is funded by the Ministry of Education. The providers are The University of Auckland and Te Tapuae o Rehua consortium.

National Newsletter: Health and Physical Education

Information and resources for middle leaders in secondary schools | Term 1 2015

Kia ora, talofa, welcome to the term 1 Health, Physical Education and Home Economics national newsletter for 2015.

There have been some personnel changes within the facilitation team. Aaron Scorringe has joined Team Solutions as the regional facilitator covering Auckland and Northland and Shelley Hunt has become national coordinator in the Northern and Central regions. Rachael Dixon continues in her national coordinator role in the Southern and Central South regions.

Rachael Dixon

I have been working in the national coordinator role for the past three years. In the past, I have worked as a Health and PE teacher in Christchurch and also for NZQA as a national moderator for Health. I have met and worked with many teachers in my role and am looking forward to this continuing in 2015.

Shelley Hunt

I joined Team Solutions mid 2014 as regional facilitator. Prior to this I was Head of Faculty HPE at Gisborne Girls' High School where I taught for 15 years. I am a member of the NZHEA executive. This year I am looking forward to working with teachers in my role as national coordinator for HPE.

Aaron Scorringe

Kia Ora. I have been teaching for 10 years and have taught at both Aorere College and more recently Tangaroa College where I am the HOL for Health and PE. I look forward to sharing and learning together in my role as regional facilitator.

We look forward to working with you during 2015 and wish you a successful and positive start to 2015. For our contact details, see the last page of this newsletter.

Ngā mihi nui

Shelley, Aaron and Rachael

New level 3 Physical Education Achievement Standard

Newly published on the NZQA Physical Education subject page is AS 91789 (3.9): *Devise strategies for a physical activity outcome.*

Two assessment resources to support this standard are being developed and will be published on TKI in the near future.

2015 PLD opportunities

Secondary Student Achievement (SSA) national workshops

The SSA national workshop in 2015 is *Strengthening the Foundations*. This workshop is free to attend and will be run in a variety of locations across New Zealand in terms 1-2. Morning tea supplied. BYO lunch.

Workshop enrolment

Dates, venues and enrolment details for the national workshops will be sent to you soon. In the meantime, contact Shelley or Rachael. (Contact information on page 3.)

PENZ level 3 workshop

See the PENZ website for details, dates and locations.

<http://www.penz.org.nz>

NZQA Best Practice Workshops

<http://www.nzqa.govt.nz/about-us/events/best-practice-workshops/>

This NZQA link has more information on the workshops that NZQA will be running in 2015.

Dates and locations are now available for the subject-specific 'Making Assessor Judgements' workshops.

We understand that NZQA's 'Connecting with Contexts' and 'Collecting Evidence' workshops are likely to be scheduled in the second half of 2015.

Health promotion

Health promotion is both an underlying concept of the learning area and an integral part of its Achievement Objectives (most prominently within strand D). Opportunities for learning experiences in health promotion exist across the secondary curriculum levels.

A valuable resource for teachers and students is the Ministry of Youth Development's *Aotearoa Youth Voices* toolkit. This resource provides guidance for students in relation to advocacy opportunities relating to promoting well-being. This resource supports students' ability to engage in collective action within or external to the school community. This is because the toolkit provides guidance on writing letters to politicians, writing a submission to a select committee, writing letters to the editor (for example) - all of which have the potential to inform policy development or review.



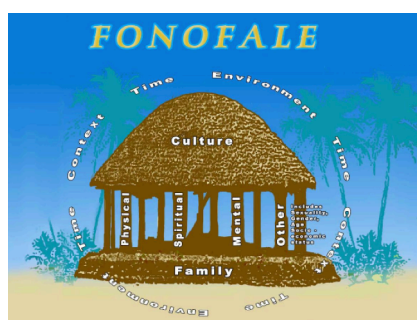
The HPE national workshop in 2015 will include an opportunity to explore this resource. The resource is also available online from: <http://www.myd.govt.nz/resources-and-reports/publications/aotearoa-youth-voices-toolkit.html>

Another useful resource for health promotion is from the World Cancer Research Fund International. Their NOURISHING policy framework aims to promote healthy diets and reduce obesity.



Aspects of this framework could be used and adapted across the three subjects. Links exist within the framework not only to aspects of the Ottawa and Bangkok Charters and Te Pae Mahutonga, as well as ideas around Behaviour Change, Self-empowerment and Collective Action. We will also look at this framework in the HPE workshop. <http://www.wcrf.org/int/policy/nourishing-framework>

The website of the Health Promotion Forum of New Zealand contains valuable information about Māori and Pacific health and health promotion models. See: <http://www.hauora.co.nz/pacific-health-promotion-models.html>
<http://www.hauora.co.nz/m%C4%81ori-health-models.html>



NZQA

2015 NZQA Assessment Specifications for externally-assessed standards can be accessed from the respective subject pages:

www.nzqa.govt.nz/health
www.nzqa.govt.nz/homeeconomics
www.nzqa.govt.nz/pe

The specifications provide essential information on the specific foci of the externally-assessed standards at level 1, 2, 3 NCEA and NZ Scholarship.

It is essential to access these specifications early in the year to assist with planning.

TKI web pages

NCEA:
<http://ncea.tki.org.nz/>

ESOL online:
<http://esolonline.tki.org.nz>

Secondary Literacy online:
<http://literacyonline.tki.org.nz/Literacy-Online/Secondary-Literacy>

NEW – supporting learners with diverse needs:
<http://inclusive.tki.org.nz/>

Your professional associations

PENZ
<http://www.penz.org.nz>

NZHEA
<http://healtheducation.org.nz>

HETTANZ
<http://www.hettanz.org.nz>

Health issues

Several new **Youth 2012** publications are available: Gambling, problem substance use and young people attracted to the same/both sexes.

These publications can be accessed from:

https://www.fmhs.auckland.ac.nz/en/faculty/adolescent-health-research-group/publications-and-reports/publications-by-year.html#par_contentblock



As well as a number of reports, factsheets and links to journal articles, the website above contains a list of media items drawing from Youth 2012 research (e.g. from NZ newspapers TV and radio) which connect to the wide range of well-being issues covered across the research.

A health issue that is of significant concern in NZ is **family violence and abuse and neglect of children**. Following is the link to the Glenn Report which provides the most up to date information around this issue. This issue could be selected as a context for learning across a range of Health units:

<https://glenninquiry.org.nz/the-peoples-report>

Further health issues resources

Further resources for the issue of family violence can be sourced from:

<https://nzfvc.org.nz/>

<http://www.health.govt.nz/our-work/preventative-health-wellness/family-violence>

<http://www.familiescommission.org.nz/>

Another potentially useful resource is **the MOH briefing to the incoming Minister of Health – 2014**.

This publication could be good for an activity around health issues, DOH/SPEECH and provides suggestions for addressing health issues in New Zealand.

<http://www.health.govt.nz/system/files/documents/publications/briefing-to-incoming-minister-of-health-nov14.pdf>

National newsletters

To download the latest newsletter or for more information about Ministry-funded professional development for secondary middle leaders, visit this page on TKI:

<http://nzcurriculum.tki.org.nz/Ministry-curriculum-guides/Secondary-middle-leaders/Professional-learning-and-development>

If you are receiving this newsletter in error or if you are aware of anyone whom you think would benefit from receiving it (particularly any new heads of department in your area) we would appreciate hearing from you.

Past newsletters can be accessed from:

<http://nzcurriculum.tki.org.nz/Secondary-middle-leaders/Professional-learning-and-development/E-newsletters>

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